Model UA-855

Instruction Manual

Manuel d’instructions

Manual de Instrucciones

Manuale di Istruzioni

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Dear Customers

Congratulations on purchasing a state-of-the-art A&D blood pressure monitor, one of the most advanced monitors available today. Designed for ease of use and accuracy, this monitor will facilitate your daily blood pressure regimen.

We recommend that you read through this manual carefully before using the device for the first time.

Preliminary Remarks

- This device conforms to the European Directive 93/42 EEC for Medical Products. This is made evident by the mark of conformity. (0366: The reference number to the involved notified body)
- The device is designed for use on adults only, not newborns or infants.
- Environment for use
  The device is for use indoors.

Precautions

- Precision components are used in the construction of this device. Extremes in temperature, humidity, direct sunlight, shock or dust should be avoided.
- Clean the device with a soft, dry cloth. Never use thinner, alcohol, benzine, or wet cloth.
- Avoid tightly folding the cuff or storing the hose tightly twisted for long periods, as such treatment may shorten the life of the components.
- The device and cuff are not water resistant. Prevent rain, sweat and water from soiling the device and cuff.
- Measurements may be distorted if the device is used close to televisions, microwave ovens, cellular telephones, X-ray or other devices with strong electrical fields.
- Used equipment, parts and batteries are not treated as ordinary household waste, and must be disposed of according to the applicable local regulations.
Parts Identification

START Button
(Orange illumination during the AM)
(Blue illumination during the PM)

Display

LED window

Air Connector Plug

Arm Cuff

Air Hose

Battery Cover

1.5V Batteries
(R6P, LR6 or AA)

Battery Compartment

User selector switch

Clock Button

AM/PM Button

Graph Button

Part of Display

MEMORY Button

Alarm ON/OFF mark

User 1, 2

SYSTOLIC pressure

Diastolic pressure

Pulse rate

Histogram

WHO Classification

I.H.B. Indicator
(Irregular heartbeat indicator)

Heart Mark

Battery Indicator

Day

Time

Temperature
### Symbols

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<th>Function / Meaning</th>
<th>Recommended Action</th>
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<td>Standby</td>
<td>Standby and Turn the device on.</td>
<td></td>
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<td>Battery installation guide</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Direct current</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SN Serial number</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2007 Date of manufacture</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Type BF: Device, cuff and tubing are designed to provide special protection against electrical shocks.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Measurement is in progress. It blinks when the pulse is detected.</td>
<td>Measurement is in progress. Remain as still as possible.</td>
<td></td>
</tr>
<tr>
<td>Irregular Heartbeat indicator. (I.H.B.) The indicator that appears when an irregular heartbeat or any excessive body movement is detected during the measurement.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Previous measurements stored in MEMORY.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Full Battery</td>
<td>The battery power indicator during measurement.</td>
<td></td>
</tr>
<tr>
<td>Low Battery</td>
<td>The battery is low when it blinks.</td>
<td>Replace all batteries with new ones, when the mark blinks.</td>
</tr>
<tr>
<td>Err Unstable blood pressure due to movement during the measurement.</td>
<td>Try the measurement again. Remain very still during the measurement.</td>
<td></td>
</tr>
<tr>
<td>The systolic and diastolic values are within 10 mmHg of each other.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>The pressure value did not increase during inflation.</td>
<td>Fasten the cuff correctly, and try the measurement again.</td>
<td></td>
</tr>
<tr>
<td>Err Cuff The cuff is not fastened correctly.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PUL. DISPLAY ERROR The pulse is not detected correctly.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SYS. Systolic blood pressure in mmHg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DIA. Diastolic blood pressure in mmHg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PUL./min. Pulse per minute</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AM Time in the morning</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PM Time in the afternoon</td>
<td></td>
<td></td>
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<tr>
<td>Histogram data selection marks</td>
<td></td>
<td></td>
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<tr>
<td>Alarm ON/OFF mark</td>
<td>If you want to stop the sound, press any button.</td>
<td></td>
</tr>
<tr>
<td>User 1 and User 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EC directive medical device label</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WEEE label</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Manufacturer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EU-representative</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Operation Mode

1. Normal Measurement
   Press the [START] button. Blood pressure is measured and data is stored within the device. The device can store the last 120 sets of data in memory for each user.

2. Recalling The Data
   Press the [MEMORY] button to recall the data. The average data of all the measurements is displayed, as indicated in the figure at the right.
   Press the AM/PM button to recall the average data during the AM or PM.
   Press the ▶ button to display each measurement.
   For details on recalling data, refer to “Recalling Memory Data”.

3. Clearing The Data (Refer to page 12)
   Press and hold the [MEMORY] button until the “M” (memory) mark blinks to clear the stored data.

4. Measurement With The Desired Systolic Pressure
   Refer to page 10 for the measurement with the desired systolic pressure.

5. Switching The Unit Of Temperature
   In the clock setting mode, when the dashes in the temperature displaying area are blinking, press the ▶ button to select °C or °F. Then, press the clock button or [START] button to return to the clock display.
   For details on the clock setting mode, refer to “Adjusting The Built-in Clock” on page 7.

6. Switching The User
   Slide the switch to either User 1 or User 2 as necessary.
Using The Monitor

Installing / Changing The Batteries
1. Slide the battery cover to open it.
2. Remove the used batteries and insert new batteries into the battery compartment as shown, taking care that the polarities (+) and (-) are correct.
3. Slide the battery cover to close it.
   Use only R6P, LR6 or AA batteries.

CAUTION
☐ Insert the batteries as shown in the battery compartment. If not, the device will not work.
☐ When (LOW BATTERY mark) blinks on the display, replace all batteries with new ones. Do not mix old and new batteries. It may shorten the battery life, or cause the device to malfunction.
☐ (LOW BATTERY mark) does not appear when the batteries are drained.
☐ The LED of the [START] button blinks along with (LOW BATTERY mark).
☐ Battery life varies with the ambient temperature and may be shorter at low temperatures.
☐ Use the specified batteries only. The batteries provided with the device are for testing monitor performance and may have a limited life.
☐ Remove the batteries if the device is not to be used for a long time. The batteries may leak and cause a malfunction.

Connecting The Air Hose
Insert the air connector plug into the air socket firmly.

Connecting The AC Adapter
Insert the AC adapter plug into the DC jack. Then, insert the AC adapter into an electrical outlet.

The AC adapter, the model TB-233, is sold separately.
Using The Monitor

Adjusting The Built-in Clock
Adjust the clock prior to use as necessary.

1. Press and hold the Clock button until the year starts blinking.

2. Select the year using the ► button. Press the Clock button to set the current year and move to month/day selection. The date can be set anywhere between the years 2006 and 2056.

3. Select the month using the ► button. Press the Clock button to set the current month and move to day selection.

4. Select the day using the ► button. Press the Clock button to set the current day and move to hour/minute selection.

5. Select the hour using the ► button. Press the Clock button to set the current hour and move to minute selection.

6. Select the minute using the ► button. (Press the Clock button to go to the temperature unit selection mode. For details, refer to page 5.) Press the [START] button to set the current minute and activate the clock.

Setting Three Reminders
This monitor has 3 reminder alarms. You can set 3 different reminder alarms within a 24-hour period.

1. Press and hold the Clock button until the year starts blinking. Then press the Graph button. “P-1” is shown at the bottom line of the display.

2. Select the hour using the ► button and press the Clock button to set the hour and move to minute selection. Press the ► button to set the minute and press the Clock button to return to the clock display. The (●) mark appears on the display.

3. To set the second and third reminders, press the graph button in the reminder setting mode to display “P-2” or “P-3”. Repeat the above process to set each reminder.
Using The Monitor

Alarm ON/OFF Mark On The Display
When the alarm is on, a “(●●)” appears on the LCD. To turn the alarm off, simply press the Clock button once. The alarm will sound for 1 minute. To stop the alarm sound, press any button once.

Attaching The Arm Cuff
1. Wrap the cuff around the upper arm, about 2-3 cm above the elbow, as shown. Place the cuff directly against the skin, as clothing may cause a faint pulse, and result in a measurement error.

2. Constriction of the upper arm, caused by rolling up a shirtsleeve, may prevent accurate readings.

How To Take Proper Measurements
For the most accurate blood pressure measurement:
- Sit comfortably at a table. Rest your arm on the table.
- Relax for about five to ten minutes before measurement.
- Place the center of the cuff at the same height as your heart.
- Remain still and keep quiet during measurement.
- Do not measure right after physical exercise or a bath. Rest for twenty or thirty minutes before taking the measurement.
- Try to measure your blood pressure at the same time every day.

Measurement
During measurement, it is normal for the cuff to feel very tight. (Do not be alarmed).

After Measurement
The device returns to the clock display automatically one minute after measurement.
- Remove the cuff and record your data.

Note: Allow at least ten minutes between measurements on the same person.
Measurements

Model UA-855 is designed to detect the pulse and to inflate the cuff to a systolic pressure level automatically. If your systolic pressure is expected to exceed 230 mmHg, read "Measurement With The Desired Systolic Pressure" on the next page.

Normal Measurement
1. Set the User selection switch to either User 1 or User 2.

2. Place the cuff on the arm (preferably the left arm). Sit quietly during measurement.

3. Press the START button. The START button illuminates in orange in the morning (AM) and blue in the afternoon (PM). 0 (zero) is displayed blinking briefly. Then the display changes, as indicated in the figure at the right, as the measurement begins. The cuff starts to inflate. It is normal for the cuff to feel very tight.

   Note: If you wish to stop inflation at any time, press the START button again.

4. When inflation is complete, deflation starts automatically and (heart mark) blinks, indicating that the measurement is in progress. Once the pulse is detected, the mark blinks with each pulse beat.

   Note: If an appropriate pressure is not obtained, the device starts to inflate again automatically.

5. When the measurement is complete, the systolic and diastolic pressure readings, pulse rate and the WHO classification are displayed. The cuff exhausts the remaining air and deflates completely.

6. Press the START button to return to the clock display. Or the device returns to the clock display one minute after measurement.

Note: Allow at least ten minutes between measurements on the same person.
Measurements

Measurement With The Desired Systolic Pressure
If your systolic pressure is expected to exceed 230 mmHg, use this procedure.

1. Place the cuff on the arm (preferably the left arm).

2. Press and hold the START button until a number about 30 to 40 mmHg higher than your expected systolic pressure appears.

3. Release the START button to start measurement, when the desired number is reached. Then continue to measure your blood pressure as described on the previous page.

Notes For Proper Measurement
- Sit down in a comfortable position. Place the arm to be used for the measurement on a table or other support so that the center of the cuff will be at the same height as your heart.
- Relax for about five or ten minutes before taking a measurement. If you are excited or depressed by emotional stress, the measurement will reflect this stress as a higher (or lower) than normal blood pressure reading and the pulse reading will usually be faster than normal.
- An individual's blood pressure varies constantly, depending on what you are doing and what you have eaten. What you drink can have a very strong and rapid effect on your blood pressure.
- This device bases its measurements on the heartbeat. If you have a very weak or irregular heartbeat, the device may have difficulty determining your blood pressure.
- Should the device detect a condition that is abnormal, it will stop the measurement and display an error symbol. Refer to page 4 for the description of symbols.
- This blood pressure monitor is intended for use by adults only. Consult with your physician before using this device on a child. A child should not use this device unattended.
Recalling Memory Data

Note: This device stores the last 120 measurements in memory for each user.

1. Press the MEMORY button.

2. The average data of all the measurements and the number of data are displayed. Then, each time the button is pressed, the memory data is displayed from the most recent. After the last data is displayed, the display returns to the clock display.

3. When the average data of all the measurements is displayed, press the AM/PM button to display the average data of the measurements taken during the AM. The START button illuminates in orange. Then, each time the button is pressed, the memory data taken during the AM is displayed from the most recent. After the last data is displayed, the display returns to the clock display.

4. When the average data of the measurements taken during the AM is displayed, press the AM/PM button to display the average data of the measurements taken during the PM. The START button illuminates in blue. Then, each time the button is pressed, the memory data taken during the PM is displayed from the most recent. After the last data is displayed, the display returns to the clock display.

5. When the average data of the measurements taken during the PM is displayed, press the AM/PM button to display the average data of all the measurements.

6. Press the START button anytime to return to the clock display.
Recalling Memory Data

For details on memory data recalling procedure, refer to the chart below.

Clearing The Memory Data

In the clock display, press and hold the MEMORY button until the “M” (memory) mark blinks to clear the stored data.
A histogram is a graph showing the frequencies of the systolic values or diastolic values as appear in the WHO classification. What data is to be displayed in the histogram is selected below.

What Data Can Be Displayed In The Histogram

- **ALL** All the data in memory
- **1wk** All the data for last 7 days
- **1mon.** All the data back to the same date of the previous month (if the date does not exist, one day before the date).
- **ALL/AM** All the data taken during the AM in memory
- **ALL/PM** All the data taken during the PM in memory
- **1wk/AM** All the data taken during the AM for last 7 days
- **1wk/PM** All the data taken during the PM for last 7 days
- **1mon./AM** All the data taken during the AM back to the same date of the previous month (if the date does not exist, one day before the date).
- **1mon./PM** All the data taken during the PM back to the same date of the previous month (if the date does not exist, one day before the date).

Factory Setting

The factory settings for displaying a histogram are **ALL, ALL/AM** and **ALL/PM**.

Changing The Factory Setting

1. Press and hold the Graph button until **ALL** starts blinking.
2. Press the ▶ button to select either **1wk** or **1mon.**.
3. Press the **START** button to return to the clock display.
Displaying The Histogram

1. Press the Graph button.

2. The histogram and the average data of all the measurements are displayed. Then, each time the ▶ button is pressed, the Y-axis switches between SYS (systolic blood pressure) and DIA (diastolic blood pressure).

3. When the histogram data of all the measurements is displayed, press the AM/PM button to display the histogram and the average data of the measurements taken during the AM. The [START] button illuminates in orange. Then, each time the ▶ button is pressed, the Y-axis switches between SYS (systolic blood pressure) and DIA (diastolic blood pressure).

4. When the histogram data of the measurements taken during the AM is displayed, press the AM/PM button to display the histogram and the average data of the measurements taken during the PM. The [START] button illuminates in blue. Then, each time the ▶ button is pressed, the Y-axis switches between SYS (systolic blood pressure) and DIA (diastolic blood pressure).

5. When the histogram data of the measurements taken during the PM is displayed, press the AM/PM button to display the histogram and the average data of all the measurements.

6. Press the [START] button anytime to return to the clock display.
What Is An Irregular Heartbeat

Model UA-855 blood pressure monitor provides a blood pressure and pulse rate measurement even when an irregular heartbeat occurs. An irregular heartbeat is defined as a heartbeat that varies by 25% from the average of all heartbeats during the blood pressure measurement. It is important that you be relaxed, remain still and do not talk during measurements.

Note: We recommend contacting your physician if you see this 💔 indicator frequently.

WHO Classification Indicator

Each segment of the bar indicator corresponds to the WHO blood pressure classification described below.

<table>
<thead>
<tr>
<th>WHO Classification Indicator</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Grade 1 hypertension (Severe)</td>
</tr>
<tr>
<td>2 Grade 2 hypertension (Moderate)</td>
</tr>
<tr>
<td>3 Grade 3 hypertension (Mild)</td>
</tr>
<tr>
<td>4 High normal</td>
</tr>
<tr>
<td>5 Normal</td>
</tr>
<tr>
<td>6 Optimal</td>
</tr>
</tbody>
</table>

The above are the Standards to assess high blood pressure, without regard to age, established by the World Health Organization (WHO).

- The indicator displays a segment, based on the current data, corresponding to the WHO classification.

LED window: The LED window on the upper front illuminates depending on the measured blood pressure as follows:

- Green 5 6
- Yellow 4
- Orange 1 2 3

<table>
<thead>
<tr>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orange</td>
</tr>
<tr>
<td>174</td>
</tr>
<tr>
<td>102</td>
</tr>
<tr>
<td>87</td>
</tr>
</tbody>
</table>

Moderate hypertension  Mild hypertension  High normal
About Blood Pressure

What Is Blood Pressure?
Blood pressure is the force exerted by blood against the walls of the arteries. Systolic pressure occurs when the heart contracts. Diastolic pressure occurs when the heart expands. Blood pressure is measured in millimeters of mercury (mmHg). One’s natural blood pressure is represented by the fundamental pressure, which is measured first thing in the morning while one is still at rest and before eating.

What Is Hypertension And How Is It Controlled?
Hypertension, an abnormally high arterial blood pressure, if left unattended, can cause many health problems including stroke and heart attack. Hypertension can be controlled by altering lifestyle, avoiding stress, and with medication under a doctor’s supervision.
To prevent hypertension or keep it under control:
- Do not smoke
- Exercise regularly
- Reduce salt and fat intake
- Have regular physical checkups
- Maintain proper weight

Why Measure Blood Pressure At Home?
Blood pressure measured at a clinic or doctor's office may cause apprehension and can produce an elevated reading, 25 to 30 mmHg higher than that measured at home. Home measurement reduces the effects of outside influences on blood pressure readings, supplements the doctor's readings and provides a more accurate, complete blood pressure history.

Blood Pressure Variations
An individual’s blood pressure varies greatly on a daily and seasonal basis. It may vary by 30 to 50 mmHg due to various conditions during the day. In hypertensive individuals, variations are even more pronounced. Normally, the blood pressure rises while at work or play and falls to its lowest levels during sleep. So, do not be overly concerned by the results of one measurement.
Take measurements at the same time every day using the procedure described in this manual to get to know your normal blood pressure. Regular readings give a more comprehensive blood pressure history. Be sure to note date and time when recording your blood pressure. Consult your doctor to interpret your blood pressure data.
# Troubleshooting

<table>
<thead>
<tr>
<th>Problem</th>
<th>Possible Reason</th>
<th>Recommended Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nothing appears on the display, even when the power is turned on.</td>
<td>Batteries are drained.</td>
<td>Replace all batteries with new ones.</td>
</tr>
<tr>
<td></td>
<td>Battery terminals are not in the correct position.</td>
<td>Reinstall the batteries with negative and positive terminals matching those indicated on the battery compartment.</td>
</tr>
<tr>
<td>The cuff does not inflate.</td>
<td>Battery voltage is too low. 📣 (LOW BATTERY mark) blinks. [If the batteries are drained completely, the mark does not appear.]</td>
<td>Replace all batteries with new ones.</td>
</tr>
<tr>
<td>The device does not measure. Readings are too high or too low.</td>
<td>The cuff is not fastened properly.</td>
<td>Fasten the cuff correctly.</td>
</tr>
<tr>
<td></td>
<td>You moved your arm or body during the measurement.</td>
<td>Make sure you remain very still and quiet during the measurement.</td>
</tr>
<tr>
<td></td>
<td>The cuff position is not correct.</td>
<td>Sit comfortably and still. Raise your hand so that the cuff is at the same level as your heart.</td>
</tr>
<tr>
<td>Other</td>
<td>The value is different from that measured at a clinic or doctor’s office.</td>
<td>If you have a very weak or irregular heat beat, the device may have difficulty in determining your blood pressure.</td>
</tr>
</tbody>
</table>

Note: If the actions described above do not solve the problem, contact the dealer. Do not attempt to open or repair this product, as any attempt to do so will make your warranty invalid.
Maintenance

Do not open the device. It uses delicate electrical components and an intricate air unit that could be damaged. If you cannot fix the problem using the troubleshooting instructions, request service from your dealer or from the A&D service group. The A&D service group will provide technical information, spare parts and units to authorized dealers.

The device was designed and manufactured for a long service life. However it is generally recommended to have the monitor inspected every 2 years, to ensure proper functioning and accuracy. Please contact either your authorized dealer or A&D for maintenance.

Technical Data

<table>
<thead>
<tr>
<th>Type</th>
<th>UA-855</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measurement method</td>
<td>Oscillometric measurement</td>
</tr>
<tr>
<td>Measurement range</td>
<td>Pressure: 20 to 280 mmHg</td>
</tr>
<tr>
<td></td>
<td>Pulse: 40 to 180 beats / minute</td>
</tr>
<tr>
<td>Measurement accuracy</td>
<td>Pressure: ±3 mmHg</td>
</tr>
<tr>
<td></td>
<td>Pulse: ±5%</td>
</tr>
<tr>
<td>Temperature unit</td>
<td>°C or °F</td>
</tr>
<tr>
<td>Temperature accuracy</td>
<td>±2°C (-15°C to +49°C)</td>
</tr>
<tr>
<td>Power supply</td>
<td>4 x 1.5V batteries (R6P, LR6 or AA) or AC adapter (TB-233) (Not included)</td>
</tr>
<tr>
<td>Classification</td>
<td>Type BF</td>
</tr>
<tr>
<td>Clinical test</td>
<td>According to ANSI / AAMI SP-10 1987</td>
</tr>
<tr>
<td>EMC</td>
<td>IEC 60601-1-2: 2001</td>
</tr>
<tr>
<td>Memory</td>
<td>Last 120 measurements each for user 1 and 2</td>
</tr>
<tr>
<td>Operating condition</td>
<td>+10°C to +40°C / 30%RH to 85 %RH</td>
</tr>
<tr>
<td>Storage condition</td>
<td>-10°C to +60°C / 30%RH to 85 %RH</td>
</tr>
<tr>
<td>Dimensions</td>
<td>Approx. 150 [W] x 156 [H] x 138 [D] mm</td>
</tr>
<tr>
<td>Weight</td>
<td>Approx. 555 g, excluding the batteries</td>
</tr>
</tbody>
</table>

Accessory AC adapter

The adapter is to connect the blood pressure monitor to a power source at home.

TB-233

Please contact your local A&D dealer for purchasing.

Note: Specifications are subject to change without prior notice.
Medical Electrical Equipment needs special precautions regarding EMC and needs to be installed and put into service according to the EMC information provided in the following. Portable and mobile RF communication equipment (e.g. cell phones) can affect Medical Electrical Equipment. The use of accessories and cables other than those specified (other than boso original parts) may result in increased emissions or decreased immunity of the unit.

### Guidance and manufacturer's declaration – electromagnetic emissions

The A&D unit is intended for use in the electromagnetic environment specified below. The customer or the user of the A&D unit should assure that it is used in such an environment.

<table>
<thead>
<tr>
<th>Emissions test</th>
<th>Compliance</th>
<th>Electromagnetic environment – guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>RF emissions CISPR 11</td>
<td>Group 1</td>
<td>The A&amp;D unit uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.</td>
</tr>
<tr>
<td>RF emissions CISPR 11</td>
<td>Class B</td>
<td>The A&amp;D unit is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.</td>
</tr>
<tr>
<td>Harmonic emissions IEC 61000-3-2</td>
<td>Class A</td>
<td></td>
</tr>
<tr>
<td>Voltage fluctuations/flicker emissions IEC 61000-3-3</td>
<td>Complies</td>
<td></td>
</tr>
</tbody>
</table>

### Recommended separation distances between portable and mobile RF communications equipment and the A&D unit

The A&D unit is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the A&D unit can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the A&D unit as recommended below, according to the maximum output power of the communications equipment.

<table>
<thead>
<tr>
<th>Rated maximum output power of transmitter W</th>
<th>Separation distance according to frequency of transmitter m</th>
<th>150 kHz to 80 MHz (d = 1.2\sqrt{P})</th>
<th>80 MHz to 800 MHz (d = 1.2\sqrt{P})</th>
<th>800 MHz to 2.5 GHz (d = 2.3\sqrt{P})</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.01 W</td>
<td></td>
<td>0.12</td>
<td>0.12</td>
<td>0.23</td>
</tr>
<tr>
<td>0.1 W</td>
<td></td>
<td>0.38</td>
<td>0.38</td>
<td>0.73</td>
</tr>
<tr>
<td>1 W</td>
<td></td>
<td>1.2</td>
<td>1.2</td>
<td>2.3</td>
</tr>
<tr>
<td>10 W</td>
<td></td>
<td>3.8</td>
<td>3.8</td>
<td>7.3</td>
</tr>
<tr>
<td>100 W</td>
<td></td>
<td>12</td>
<td>12</td>
<td>23</td>
</tr>
</tbody>
</table>

For transmitters rated at a maximum output power not listed above, the recommended separation distance \(d\) in metres (m) can be estimated using the equation applicable to the frequency of the transmitter, where \(p\) is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

**NOTE 1** At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

**NOTE 2** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.
**Guidance and manufacturer's declaration – electromagnetic immunity**

The A&D unit is intended for use in the electromagnetic environment specified below. The customer or the user of the A&D unit should assure that it is used in such an environment.

<table>
<thead>
<tr>
<th>Immunity test</th>
<th>IEC 60601 test level</th>
<th>Compliance level</th>
<th>Electromagnetic environment – guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Portable and mobile RF communications equipment should be used no closer to any part of the A&amp;D unit, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.</td>
</tr>
<tr>
<td>Conducted RF IEC 61000-4-6</td>
<td>3 V\text{rms} 150 kHz to 80 MHz</td>
<td>3 V\text{rms}</td>
<td>(d = 1.2 \sqrt{P})</td>
</tr>
<tr>
<td>Radiated RF IEC 61000-4-3</td>
<td>3 V/m 80 MHz to 2,5 GHz</td>
<td>3 V/m</td>
<td>(d = 1.2 \sqrt{P}) 80 MHz to 800 MHz (d = 2.3 \sqrt{P}) 800 MHz to 2,5 GHz</td>
</tr>
</tbody>
</table>

where \(P\) is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and \(d\) is the recommended separation distance in metres (m).

Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey,\(^a\) should be less than the compliance level in each frequency range.\(^b\)

Interference may occur in the vicinity of equipment marked with the following symbol:

---

**NOTE 1** At 80 MHz and 800 MHz, the higher frequency range applies.

**NOTE 2** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

\(^a\) Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the A&D unit is used exceeds the applicable RF compliance level above, the A&D unit should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the A&D unit.

\(^b\) Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.
Guidance and manufacturer's declaration – electromagnetic immunity

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| Electrostatic discharge (ESD) IEC 61000-4-2 | ± 6 kV contact ± 8 kV air | ± 6 kV contact ± 8 kV air | Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
| Electrical fast transient/burst IEC 61000-4-4 | ± 2 kV for power supply lines ± 1 kV for input/output lines | n.a. | |
| Surge IEC 61000-4-5 | ± 1 kV differential mode ±2 kV common mode | ± 1 kV differential mode ±2 kV common mode | Mains power quality should be that of a typical commercial or hospital environment.
| Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11 | < 5% $U_T$ (> 95% dip in $U_T$) for 0.5 cycle 40% $U_T$ (60% dip in $U_T$) for 5 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles | < 5% $U_T$ (> 95% dip in $U_T$) for 0.5 cycle 40% $U_T$ (60% dip in $U_T$) for 5 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles 70% $U_T$ (30% dip in $U_T$) for 25 cycles | Mains power quality should be that of a typical commercial or hospital environment. If the user of the A&D unit requires continued operation during power mains interruptions, it is recommended that the A&D unit be powered from an uninterruptible power supply or a battery.
| Power frequency (50/60 Hz) magnetic field IEC 61000-4-8 | 3 A/m | 3 A/m |

NOTE: $U_T$ is the AC mains voltage prior to application of the test level.