



Digital Blood Pressure Monitor

Model UA-656BLE

<i>Instruction Manual</i>	<i>Original</i>
<i>Manuel d'instructions</i>	<i>Traduction</i>
<i>Manual de Instrucciones</i>	<i>Traducción</i>
<i>Manuale di Istruzioni</i>	<i>Traduzione</i>
<i>Manual de instruções</i>	<i>Tradução</i>
<i>Instructiehandleiding</i>	<i>Vertaling</i>
<i>Betjeningsvejledning</i>	<i>Oversættelse</i>
<i>Bruksanvisning</i>	<i>Översättning</i>
<i>Bruksanvisning</i>	<i>Oversettelse</i>
<i>Ohjekirja</i>	<i>Käännös</i>
<i>Bedienungsanleitung</i>	<i>Übersetzung</i>
<i>Instrukcja obsługi</i>	<i>Tłumaczenie</i>
<i>使用手冊</i>	<i>翻譯</i>

English

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Dear Customers

Thank you for purchasing a state-of-the-art A&D blood pressure monitor. Designed for ease of use and accuracy, this device will facilitate your daily blood pressure regimen.

We recommend that you read through this manual carefully before using the device for the first time.

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Preliminary Remarks

- This device conforms to the Medical Device Regulations (EU 2017/745) and UKCA Medical Device Regulations 2002 for Medical Products. This is made evident by the CE2797 and UKCA0086 mark of conformity. (2797 and 0086: The reference numbers to the involved notified body.)
- Hereby, A&D Company, Limited declares that the radio equipment type UA-656BLE is in compliance with Directive 2014/53/EU and Radio Equipment Regulations 2017. The full text of the EU and UKCA declarations are available at the following internet address: https://www.aandd.jp/products/manual/manual_medical.html
- The device is a *Bluetooth*® wireless technology enabled medical device.
- The device is designed for use by people 13 years and older, not newborns or infants.
- This device fulfils the following provisions.

CE₂₇₉₇ Medical Device Regulation (EU 2017/745)

UK
CA₀₀₈₆ UKCA Medical Devices Regulations 2002

Intended Purpose

The UA-656BLE Digital Blood Pressure Monitor is intended to be used by patients to measure systolic and diastolic blood pressure and pulse rate in the home environment. The UA-656BLE provides the patient with an indication of an irregular heartbeat allowing further medical attention to be sort.

Clinical Benefit

Successful assessment of blood pressure reading in accordance with the device's intended purpose.

Precautions

- ❑ Precision components are used in the construction of this device. Extremes in temperature, humidity, direct sunlight, shock or dust should be avoided.
- ❑ Clean the device and cuff with a dry, soft cloth or a cloth dampened with water and a neutral detergent. Never use alcohol, benzine, thinner or other harsh chemicals to clean the device or cuff.
- ❑ Avoid tightly folding the cuff or storing the hose tightly twisted for long periods, as such treatment may shorten the life of the components.
- ❑ Take care to avoid accidental strangulation of babies or infants with the hose and cable.
- ❑ Do not twist the air hose during the measurement. This may cause injury due to continuous cuff pressure.
- ❑ The device and cuff are not water resistant. Prevent rain, sweat and water from damaging the device and cuff.
- ❑ Measurements may be distorted if the device is used close to televisions, microwave ovens, cellular telephones, X-ray or other devices with strong electrical fields.
- ❑ Wireless communication devices, such as home networking devices, mobile phones, cordless phones and their base stations, and walkie-talkies can affect this blood pressure monitor. Therefore, a minimum distance of 30 cm should be kept from such devices.
- ❑ When reusing the device, confirm that the device is clean.
- ❑ Used equipment, parts and batteries are not treated as ordinary household waste, and must be disposed of according to the applicable local regulations.
- ❑ When the AC adapter is used, make sure that the AC adapter can be readily removed from the electrical outlet when necessary.
- ❑ Do not modify the device. It may cause accidents or damage to the device.
- ❑ To measure blood pressure, the arm must be squeezed by the cuff hard enough to temporarily stop blood flow through the artery. This may cause pain, numbness or a temporary red mark to the arm. This condition will appear especially when measurement is repeated successively. Any pain, numbness, or red marks will disappear with time.
- ❑ Measuring blood pressure too frequently may cause harm due to blood flow interference. Check that the operation of the device does not result in prolonged impairment of blood circulation, when using the device repeatedly.
- ❑ If you have had a mastectomy or lymph node clearance, please consult a doctor before using the device.
- ❑ Do not let children use the device by themselves and do not use the device in a place within the reach of infants. This may cause accidents or damage.
- ❑ There are small parts that may cause a choking hazard if swallowed by mistake by infants.
- ❑ Unplug the AC adapter when not in use during the measurement.

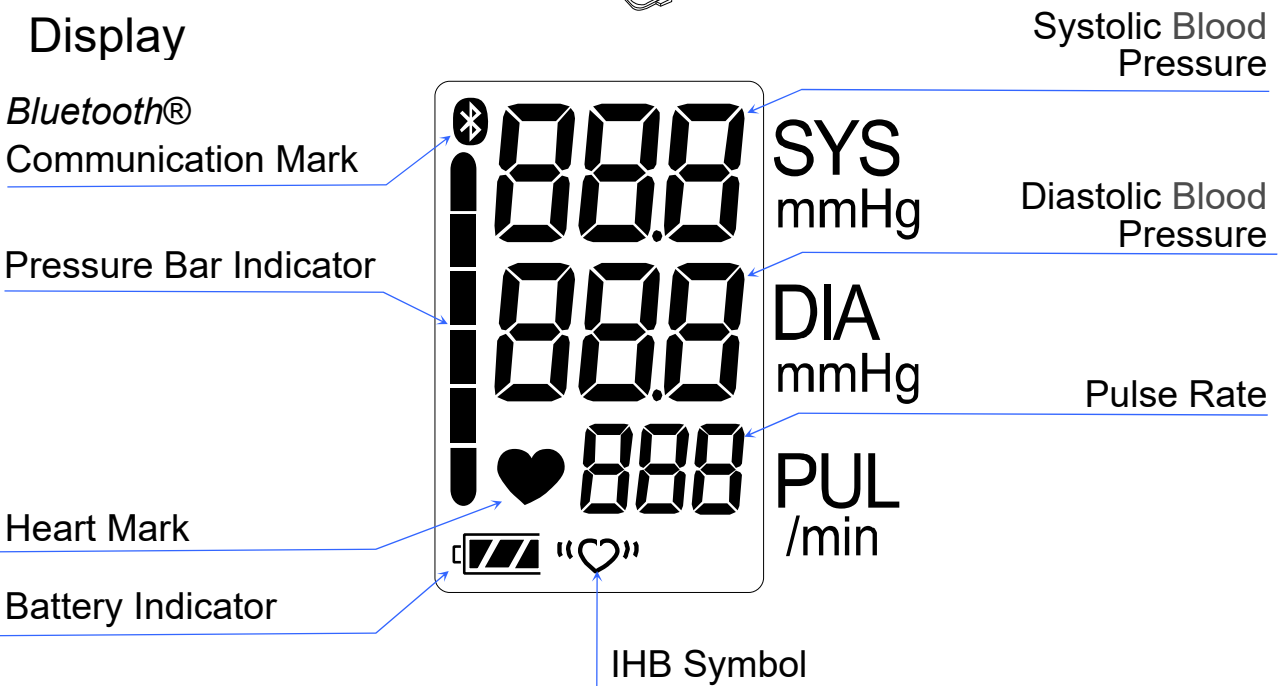
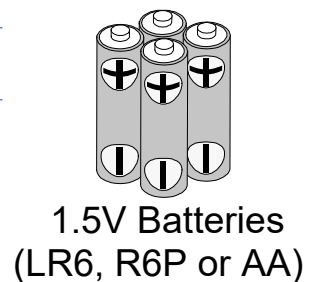
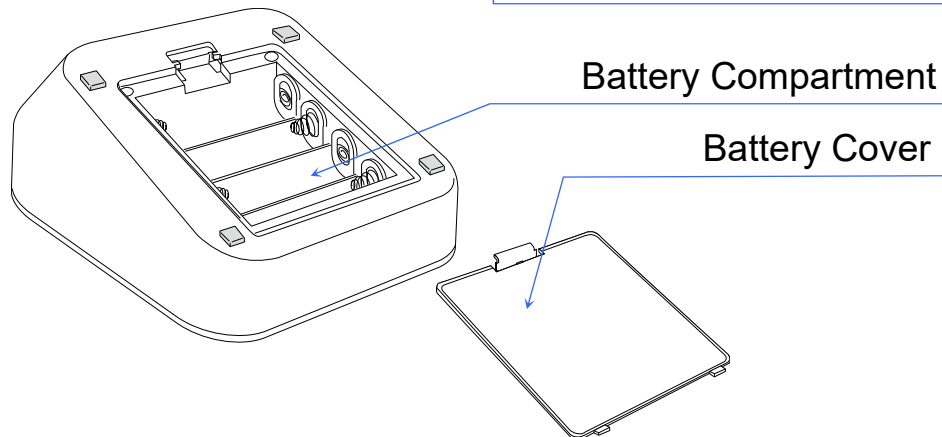
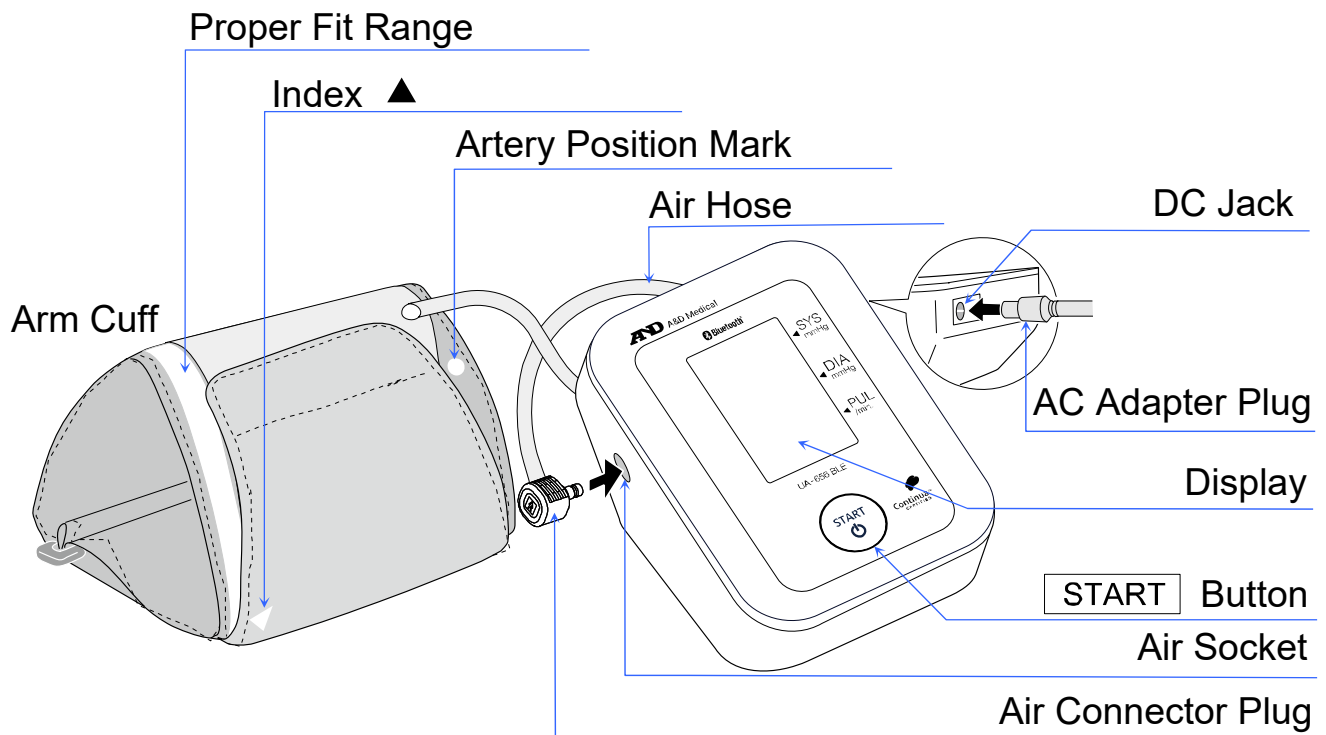
- ❑ Use of accessories not detailed in this manual may compromise safety.
- ❑ Should the battery short-circuit, it may become hot and potentially cause burns.
- ❑ Allow the device to adapt to the surrounding environment before use (about one hour).
- ❑ Clinical testing has not been conducted on newborn infants and pregnant women. Do not use on newborn infants or pregnant women.
- ❑ Do not touch the batteries, the DC jack, and the patient at the same time. That may result in electrical shock.
- ❑ Do not inflate without wrapping the cuff around the upper arm.
- ❑ This is a medical device for use by layperson. Please consult your healthcare provider with any questions or concerns you may have regarding your condition.
- ❑ When any serious incident occurs in relation to this device, report to its manufacturer and the competent authority in your country.
- ❑ Confirm for proper operation before use, if the packaging is damaged, unintentionally opened and exposed to environmental conditions outside of those specified.
- ❑ This device is not intended to diagnose heart arrhythmias. If the Irregular Heart Beat indicator illuminates frequently and is unrelated to patient movement during blood pressure measurement, further medical attention must be sort.

Contraindications

The following are precautions for proper use of the device.

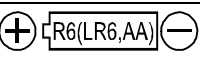
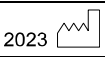
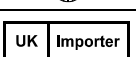
- ❑ Do not apply the cuff on an arm with another medical electrical equipment attached. The equipment may not function properly.
- ❑ People who have a severe circulatory deficit in the arm must consult a doctor before using the device, to avoid medical problems.
- ❑ Do not self-diagnose the measurement results and start treatment by yourself. Always consult your doctor for evaluation of the results and treatment.
- ❑ Do not apply the cuff on an arm with an unhealed wound.
- ❑ Do not apply the cuff on an arm receiving an intravenous drip or blood transfusion. It may cause injury or accidents.
- ❑ Do not use the device where flammable gases such as anesthetic gases are present. It may cause an explosion.
- ❑ Do not use the device in highly concentrated oxygen environments, such as a high-pressure oxygen chamber or an oxygen tent. It may cause a fire or explosion.
- ❑ Do not provide any servicing and perform maintenance while the medical device is in use.

Parts Identification



Symbols

The symbols that are printed on the device and the packaging.

Symbols	Function / Meaning
START 	Press  to turn on the device. Press  during measurement to enter standby.
SYS	Systolic blood pressure in mmHg
DIA	Diastolic blood pressure in mmHg
PUL	Pulse per minute
	Battery installation guide
	Direct current
	Type BF applied part
	CE marking
	European Authorized Representative
	UK Conformity Assessed marking
	UK Responsible Person
	Medical Device
	Manufacturer
	Date of manufacture
IP	International protection symbol
	WEEE label
	Serial Number
	Unique Device Identifier
BT	<i>Bluetooth</i> ® address
	Refer to instruction manual/booklet *1
	Polarity of DC jack
	Non-ionizing electromagnetic radiation
	Keep dry
	Temperature limit
	Humidity limitation
	Atmospheric pressure limitation
	EU Importer
	UK Importer

*1 The symbol color: Blue

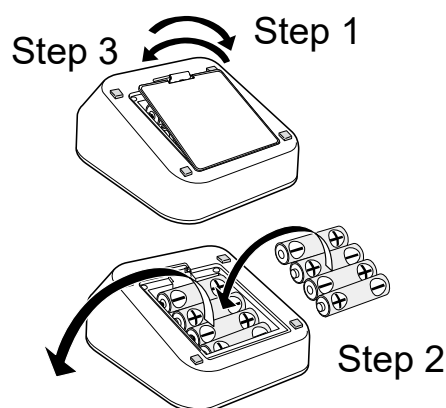
Symbols that appear on the display

Symbols	Function / Meaning	Recommended Action
	Appears while measurement is in progress. It blinks when the pulse is detected.	Measurement is in progress. Remain as still as possible.
	IHB symbol Appears when an irregular heartbeat is detected. It may light when a very slight vibration like shivering or shaking is detected.	Apply the cuff correctly, then take another measurement. If the «  » symbol continues to appear, we recommend you to consult with your physician.
	The product is connecting to the <i>Bluetooth®</i> devices.	_____
	FULL BATTERY The battery power indicator during the measurement.	_____
	LOW BATTERY The battery is low when it blinks.	Replace all batteries with new ones when the mark blinks.
	Unstable blood pressure due to movement during the measurement.	Take another measurement. Remain very still during the measurement.
	The systolic and diastolic values are within 10 mmHg from each other.	Apply the cuff correctly, and take another measurement.
	The pressure value did not increase during the inflation.	
	The cuff is not applied correctly.	
	PUL DISPLAY ERROR The pulse is not detected correctly.	
	Blood pressure monitor internal error	Remove the batteries and press the START button, and then install the batteries again. If the error still appears, contact the dealer.
		
	Pairing has not been performed correctly.	Remove and reinstall the batteries. Try pairing again.
	Pairing in progress.	_____
		
	Pairing complete.	_____

Using the Monitor

Inserting / Changing the Batteries

1. Remove the battery cover.
2. Remove the used batteries and insert new batteries into the battery compartment as shown, making sure that the polarities (+) and (-) are correct.
3. Putting on the battery cover.
Use only LR6, R6P or AA batteries.

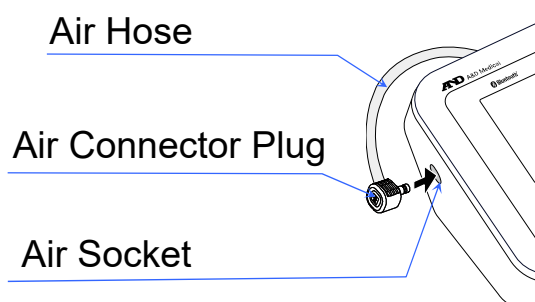


CAUTION

- ❑ Insert the batteries as shown in the battery compartment. If inserted incorrectly, the device will not work.
- ❑ When  (LOW BATTERY mark) blinks in the display, replace all batteries with new ones. Do not mix old and new batteries. It may shorten the battery life, or cause the device to malfunction.
After the device turns off, wait a few seconds before replacing the batteries. If  (LOW BATTERY mark) appears even after the batteries are replaced, take a blood pressure measurement. The device may then recognize the new batteries.
- ❑  (LOW BATTERY mark) does not appear when the batteries are drained.
- ❑ The battery life varies with the ambient temperature and may become shorter at low temperatures. Generally, four new LR6 batteries will last approximately for one year when used twice for measurement each day.
- ❑ Use the specified batteries only. The batteries provided with the device are for testing and may have a limited life.
- ❑ Remove the batteries if the device is not to be used for a long time. The batteries may cause leakage and operational issues.

Connecting the Air Hose

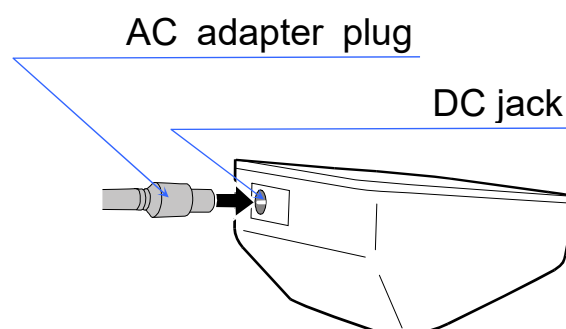
Insert the air connector plug into the air socket firmly.



Connecting the AC Adapter

Insert the AC adapter plug into the DC jack. Next, connect the AC adapter to an electrical outlet.

- ❑ Use the specified AC adapter.
(Refer to page 20.)
- ❑ When disconnecting the AC adapter from the electrical outlet, hold and pull the AC adapter body out of the outlet.
- ❑ When disconnecting the AC adapter plug from the blood pressure monitor, hold and pull the AC adapter plug out of the monitor.



Using the Monitor

Wireless Function

CAUTION

- ❑ In the unlikely event that this monitor causes radio wave interference to a different wireless station, change the location where this monitor is used or stop using the monitor immediately.
- ❑ Be sure to use in a location where visibility between the two devices that you want to connect is good. The connection distance is reduced by the structure of buildings or other obstructions. In particular, connection may be impossible when devices are used on either side of reinforced concrete.
- ❑ Do not use *Bluetooth*® connection in the range of a wireless LAN or other wireless devices, near devices that emit radio waves such as microwaves, in locations where there are many obstructions, or in other locations where signal strength is weak. Doing so may result in frequent loss of connection, very slow communication speeds and errors.
- ❑ If the monitor does not connect normally when used near a wireless station or broadcast station, use the monitor in a different location.
- ❑ A&D Company, Limited cannot accept liability for any damages incurred due to impaired operation or data loss, etc. that occur through the use of this product.
- ❑ This product is not guaranteed to connect to all *Bluetooth*® compatible devices.

The application runs on Android and iOS devices that support Bluetooth Low Energy communication.

Due to OS restrictions, you may not be able to install the application depending on the OS version of your device.

Please update to the latest version if possible before use.

If there is an update for the application, you will be notified by the store.

Please update the application as soon as possible when there is a notification of an update.

To connect with your mobile device – download and install the “A&D Connect Healthcare” onto your mobile device



The latest compatibility list



https://www.aandd.co.jp/products/hhc/hhc-ict_compatibility.html

Using the Monitor

Pairing

A *Bluetooth*® device needs to be paired with a different specific device in order to communicate with that device. If this monitor is paired with a receiver device from the start, measurement data is transmitted automatically to the receiver device each time a measurement is made.

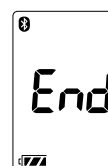
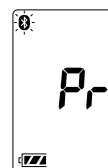
Cautions for pairing

- ❑ Only one device can be paired with this monitor at one time. If the receiver device cannot receive measurement data, try pairing again
- ❑ If another receiver device is paired, the first device will be unpaired to enable the new device to be paired.

Follow the steps below to pair the monitor with a *Bluetooth*® compatible receiver device. Also refer to the manual of the receiver device. Please use a pairing wizard if one is provided.

Pairing procedure

1. Follow the instructions in the manual of the receiver device to switch it to the pairable status. When pairing this monitor, place it as close as possible to the receiver device to be paired with.
2. Install the batteries or connect the AC adapter as described on page 8.
Press and hold the **START** button until “Pr” and “Bluetooth” are displayed, and then release the button.
The monitor will be in a state that can be found by the receiver device for about one minute.
3. The monitor displays “End” to indicate that pairing is complete.
4. If “Err ID” is displayed or pairing is failed, remove the batteries or disconnect the AC adapter and try steps 1-3 again.
5. Follow the manual of the pairing receiver device to search for, select and pair with this monitor.



Using the Monitor

Communication distance

The communication distance between this device and the mobile device is about 10 m.

This distance may vary depending on the surrounding environment, so try to get closer to the receiving device if the data doesn't get transferred.

Transmitting temporarily stored data

In cases when the receiver device cannot receive measurement data, the measurement data is temporarily stored in the monitor memory. The data stored in the memory is transmitted the next time a connection is successfully made to the receiver device

A total of 200 sets of measurement data can be stored. When the amount of data exceeds 200 sets, the oldest data is deleted and the new data is stored. The amount of data that can be stored temporarily may vary with the application.

Time

This monitor has a built-in clock. The date and time that a measurement was taken is included in the measurement data.

The built-in clock is designed to be automatically adjusted by syncing with the clock of a receiver device. Refer to the specifications of the receiver device.

This monitor has no clock adjustment function.

Using the Monitor

Selecting the Correct Cuff Size

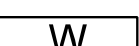
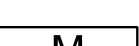
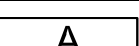
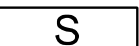
Using the correct cuff size is important for an accurate reading. If the cuff is not the proper size, an incorrect blood pressure value may be displayed.

- ☐ The arm size is printed on each cuff.
- ☐ The index ▲ and proper fit range, on the cuff, tell you if you are applying the correct cuff. (Refer to "Symbols that are printed on the cuff".)
- ☐ If the index ▲ points outside of the range, contact your local dealer to purchase a replacement cuff.
- ☐ The arm cuff is a consumable. If it becomes worn, purchase a new one.

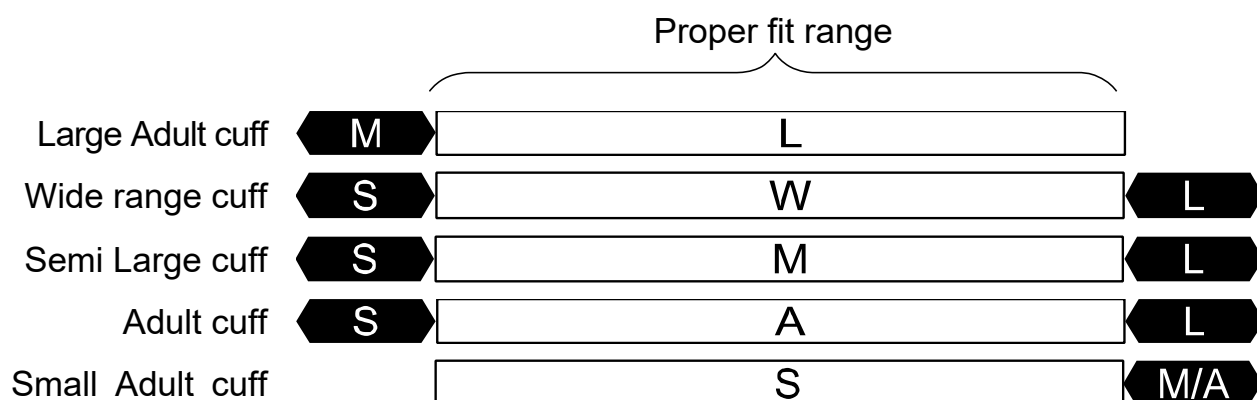
Arm Size	Recommended Cuff Size	Catalog Number
31 cm to 45 cm	Large Adult cuff	CUF-D-LA-ISO
22 cm to 42 cm	Wide range cuff	CUF-I-ISO
23 cm to 37 cm	Semi Large cuff	CUF-D-MA-ISO
22 cm to 32 cm	Adult cuff	CUF-F-A-ISO
16 cm to 24 cm	Small Adult cuff	CUF-D-SA-ISO

Arm size: The circumference of an upper arm.

Symbols that are printed on the cuff

Symbols	Function/Meaning	Recommended Action
	Artery position mark	Set the ○ mark on the artery of the upper arm or in line with the ring finger on the inside of the arm.
	Index	_____
	Catalog number	_____
	Proper fit range for the large adult cuff. It's printed on the large adult cuff.	_____
	Proper fit range for the wide range cuff. It's printed on the wide range cuff.	_____
	Proper fit range for the semi large cuff. It's printed on the semi large cuff.	_____
	Proper fit range for the adult cuff. It's printed on the adult cuff.	_____
	Proper fit range for the small adult cuff. It's printed on the small adult cuff.	_____

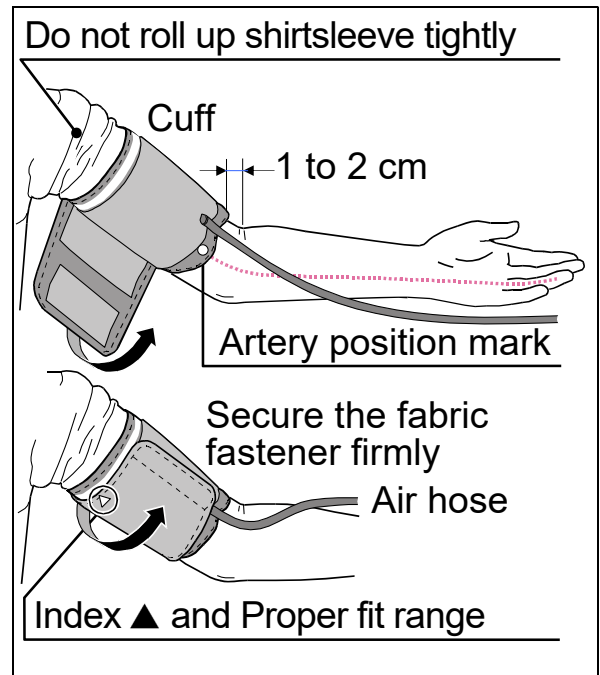
	Over range printed on the adult cuff / semi large cuff / wide range cuff.	Use the large adult cuff instead of the adult cuff / semi large cuff / wide range cuff.
	Under range printed on the adult cuff / semi large cuff / wide range cuff.	Use the small adult cuff instead of the adult cuff / semi large cuff / wide range cuff.
	Over range printed on the small adult cuff.	Use the adult cuff / semi large cuff instead of the small adult cuff.
	Under range printed on the large adult cuff.	Use the semi large cuff instead of the large adult cuff.
	Lot number	_____
	CE marking	_____
	European Authorized Representative	_____
	Manufacturer	_____
	Medical Device	_____



Using the Monitor

Applying the Arm Cuff

1. Wrap the cuff around the upper arm, about 1 to 2 cm above the inside of the elbow, as shown. Apply the cuff directly against the skin, as clothing may cause a faint pulse, and result in a measurement error.
2. Constriction of the upper arm, caused by tightly rolling up a shirtsleeve, may cause inaccurate readings.
3. Confirm that the index ▲ points within the proper fit range.



How to Take Accurate Measurements

For accurate blood pressure measurement:

- ☐ Sit comfortably on a chair. Place your arm on the table. Do not cross your legs. Keep your feet on the floor and straighten your back.
- ☐ Relax for about five to ten minutes before taking the measurement.
- ☐ Place arm at center of the cuff and keep the arm at the same level as your heart.
- ☐ Remain still and keep quiet during the measurement.
- ☐ Do not measure immediately after physical exercise or a bath. Rest for twenty or thirty minutes before taking the measurement.
- ☐ Try to measure your blood pressure at the same time every day.

Measurement

During the measurement, it is normal for users to feel tight. (Do not be alarmed)

After Measurement

After measurement, press the **START** button to turn off the power. Remove the cuff and the readings will be recorded.

Note: The device has an automatic power shut-off function, which turns the power off approximately one minute after measurement.
Allow at least three minutes between measurements on the same person.

Measurements

Before measurement, read “Notes for Accurate Measurement” on the next page.

Normal Measurement

1. Apply the cuff on the arm (preferably the left arm).
Sit quietly during the measurement.

2. Press the **START** button.
All of the display segments are displayed. Zero is displayed blinking briefly. Then the display changes, as indicated in the figure at the right, as the measurement begins. The cuff starts to inflate. It is normal for the users to feel tight. A pressure bar indicator is displayed, as in the figure on the right, during the inflation.

Note: If you want to stop inflation at any time, press the **START** button again.

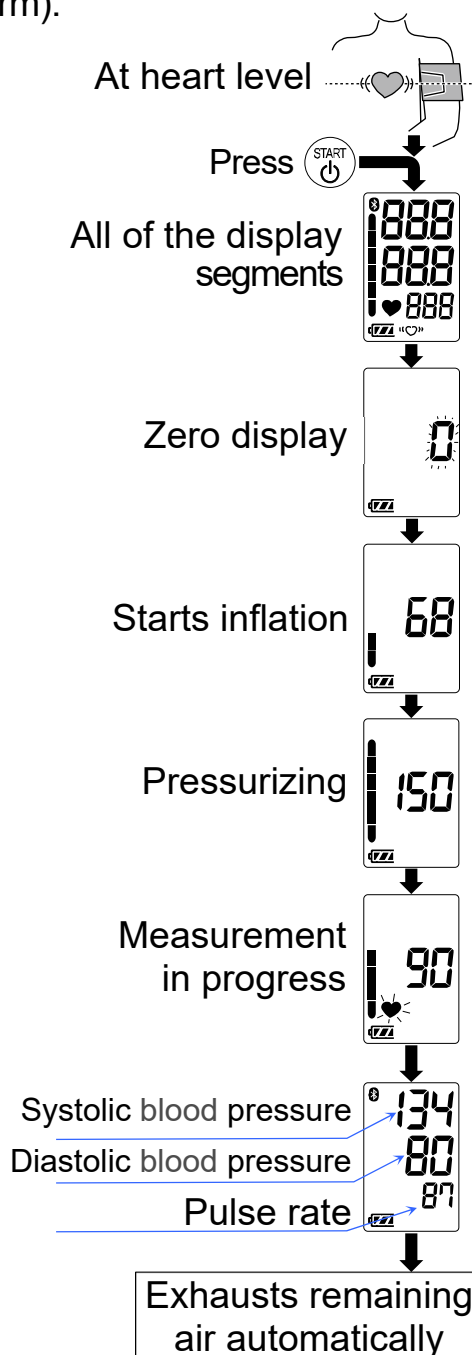
3. When inflation is completed, deflation starts automatically and the ♥ (heart mark) blinks, indicating that the measurement is in progress. Once the pulse is detected, the mark blinks with each pulse beat.

Note: If an appropriate pressure is not obtained, the device starts to inflate again automatically.

4. When the measurement is completed, the systolic and diastolic blood pressure readings and pulse rate are displayed. The cuff exhausts the remaining air and deflates completely.

5. Press the **START** button again to turn off the power.

Note: Model UA-656BLE is provided with an automatic power shut-off function. Allow at least three minutes between measurements on the same person.



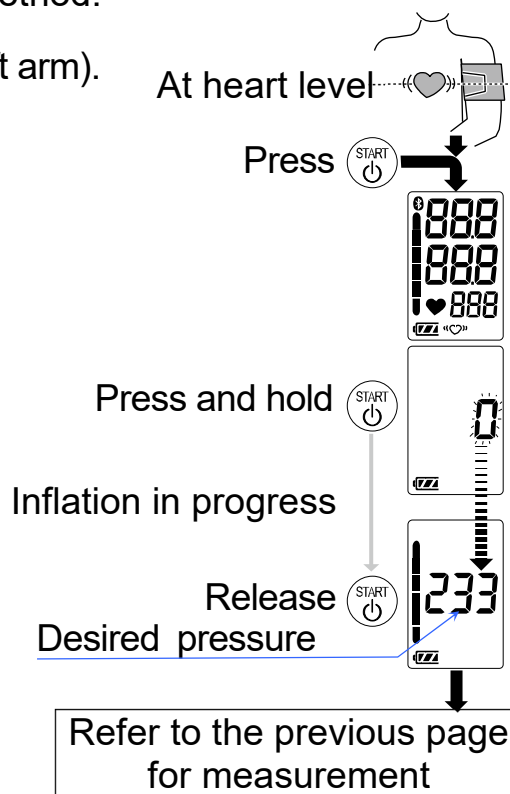
Measurements

Measurement with the Desired Systolic Blood Pressure

Model UA-656BLE is designed to detect the pulse and to inflate the cuff to a systolic blood pressure level automatically.

If re-inflation occurs repeatedly or your systolic blood pressure is expected to exceed 230 mmHg, use the following method.

1. Apply the cuff on the arm (preferably the left arm).
2. Press the **START** button.
3. While the zero blinks, press and hold the **START** button until a number about 30 to 40 mmHg higher than your expected systolic blood pressure appears.
4. When the desired number is reached, release the **START** button to start measurement. Then continue to measure your blood pressure as described on the previous page.



Notes for Accurate Measurement

- ❑ Sit down in a comfortable position. Place your arm on a table with your palm facing upward and the cuff at the same level as your heart.
- ❑ Relax for about five to ten minutes before taking the measurement. If you are excited or depressed by emotional stress, the blood pressure reading may be higher (or lower) than a normal blood pressure reading and the pulse rate will usually be faster than normal.
- ❑ An individual's blood pressure varies constantly, depending on what you are doing and what you have eaten. What you drink may have a strong and rapid effect on your blood pressure.
- ❑ This device bases its measurements on the heartbeat. If you have a weak or irregular heartbeat, the device may have difficulties determining your blood pressure.
- ❑ If the device detects a condition that is abnormal, it will stop the measurement and the error symbol will be displayed. See page 7 for the description of the symbols.
- ❑ This blood pressure monitor is intended for use by people 13 years and older.
- ❑ The automatic blood pressure monitor's performance may be affected by excessive temperature or humidity, or altitude.

What Is the IHB Indicator?

When the monitor detects an irregular rhythm during the measurements, the IHB indicator will appear on the display with the measurement values.

Note: We recommend contacting your physician if you see this "♥" IHB indicator frequently.

Pressure Bar Indicator

The indicator monitors the progress of the pressure during the measurement.



About Blood Pressure

What is Blood Pressure?

Blood pressure is the force exerted by blood against the walls of the arteries. Systolic blood pressure occurs when the heart contracts. Diastolic blood pressure occurs when the heart expands. Blood pressure is measured in millimeters of mercury (mmHg). One's natural blood pressure is represented by the fundamental pressure, which is measured first thing in the morning while one is still at rest and before eating.

What is Hypertension and How is it Controlled?

Hypertension, an abnormally high arterial blood pressure, if left untreated, may cause many health problems including stroke and heart attack. Hypertension can be controlled by altering lifestyle, avoiding stress, and with medication under a doctor's supervision.

To prevent hypertension or keep it under control:

- ☐ Do not smoke
- ☐ Exercise regularly
- ☐ Reduce salt and fat intake
- ☐ Have regular physical checkups
- ☐ Maintain proper weight

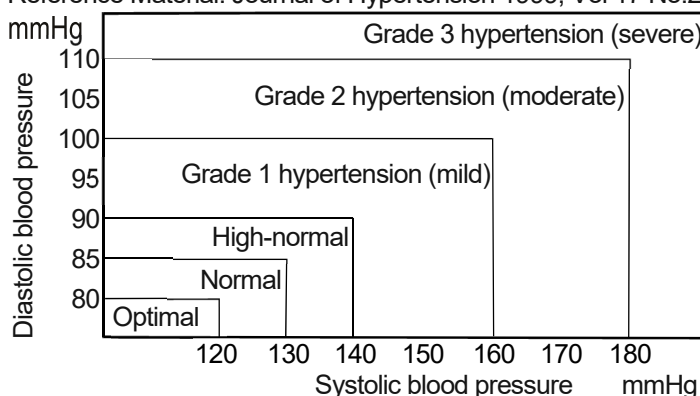
Why Measure Blood Pressure at Home?

Blood pressure measured at a clinic or doctor's office may cause apprehension and may elevate the reading by 25 to 30 mmHg higher than when measured at home. Home measurement reduces the effects of outside influences on blood pressure readings, supplements the doctor's readings and provides a more accurate, complete blood pressure history.

WHO Blood Pressure Classification

Standards to assess high blood pressure, without regard to age, have been established by the World Health Organization (WHO), as shown in the chart.

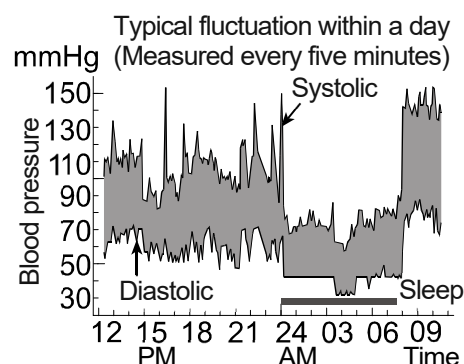
Reference Material: Journal of Hypertension 1999, Vol 17 No.2



Blood Pressure Variations

An individual's blood pressure varies greatly on a daily and seasonal basis. It may vary by 30 to 50 mmHg due to various conditions during the day. In hypertensive individuals' variations are even more pronounced. Normally, the blood pressure rises when working or playing and falls to its lowest levels during sleep. So, do not be overly concerned by the results of one measurement. Take measurements at the same time every day using the procedure

described in this manual to get to know your normal blood pressure. Regular readings give a more comprehensive blood pressure history. Be sure to note date and time when recording your blood pressure. Consult your doctor to interpret your blood pressure data.



Troubleshooting

Problem	Possible Cause	Suggestion
Nothing appears in the display, even when the power is turned on.	Batteries are drained.	Replace all batteries with new ones.
	Battery terminals are not in the correct position.	Reinstall the batteries with negative and positive terminals matching those indicated on the battery compartment.
The cuff does not inflate.	Battery power is low.  (LOW BATTERY mark) blinks. If the batteries are drained completely, the mark does not appear.	Replace all batteries with new ones.
The device does not measure. Readings are too high or too low.	The cuff is not applied properly.	Apply the cuff correctly.
	Movement is detected.	Make sure to remain very still and quiet during the measurement.
	The cuff position is not correct.	Sit comfortably and still. Place your arm on a table with your palm facing upward and the cuff at the same level as your heart.
	_____	If you have a very weak or irregular heart beat, the device may have difficulties in determining your blood pressure.
Other	The value is different from that measured at a clinic or doctor's office.	See "Why measure blood pressure at home?"
	_____	Remove the batteries. Put them back properly and try the measurement again.

Note: If the suggestions described above do not solve the problem, contact the authorized dealer. Do not attempt to open or repair this product, otherwise your warranty may be invalid.

Maintenance

Do not open the device. It uses delicate electrical components and an intricate air unit that could be damaged. If you cannot fix the problem using the troubleshooting instructions, request service from your dealer or from the A&D service group. The A&D service group will provide technical information, spare parts and units to authorized dealers.

The device is designed and manufactured for a long service life. However, it is generally recommended to have the device inspected every 2 years, to ensure proper functioning and accuracy. Please contact the authorized dealer in your area or A&D for maintenance.

Technical Data

Type	UA-656BLE
Measurement method	Oscillometric measurement
Measurement range	Pressure: 0 - 299 mmHg Systolic blood pressure: 60 - 279 mmHg Diastolic blood pressure: 40 - 200 mmHg Pulse: 40 - 180 beats / minute
Measurement accuracy	Pressure: ± 3 mmHg Pulse: $\pm 5\%$
Power supply	4 x 1.5V batteries (LR6, R6P or AA) or AC adapter (TB-233C) (Not included)
Number of measurements	Approx. 700 times LR6 (alkaline batteries) Approx. 200 times R6P (manganese batteries) With pressure value of 180 mmHg at room temperature of 23 °C.
Classification	Internally powered ME equipment (Supplied by batteries) /Class II (Supplied by adapter) Continuous operation mode
Clinical test	According to ISO 81060-2:2018+A1:2020 In the clinical validation study, K5 was used on 85 subjects for determination of diastolic blood pressure.
EMD	IEC 60601-1-2:2014+A1:2020
Wireless communication	<i>Bluetooth</i> ® Ver.5.1LE BLP Frequency band: 2402 MHz to 2480 MHz Maximum RF output power: < 10 dBm Modulation: GFSK Supported Data: Systolic Blood Pressure, Diastolic Blood Pressure, Pulse Rate

Operating conditions	Communication distance: About 10m (This distance is reduced by the conditions in the surrounding environment)
Transport / Storage conditions	Paired device: 1 device
Dimensions	+10 to +40 °C / 15 to 85 %RH / 800 to 1060 hPa
Weight	-20 to +60 °C / 10 to 95 %RH / 700 to 1060 hPa
Applied part	Approx. 96 [W] x 68 [H] x 130 [D] mm
Useful life	Approx. 250 g, excluding batteries
	Cuff Type BF 
	Device: 5 years (when used six times a day)
	Cuff: 2 years (when used six times a day)
	AC adapter: 5 years (when used six times a day)

Contents *2

1 Blood Pressure Monitor, 1 Instruction Manual,
4 Batteries, 1 Cuff, 1 Carrying case,
1 EMD Technical Documentation

Ingress protection

Device: IP20

Accessory AC adapter

The adapter is to connect the blood pressure monitor to a power source at home.

TB-233C

Input: AC 100-240V 50/60Hz 0.15A

Output: DC 6V 500mA

Please contact your local A&D dealer for purchasing.

The AC adapter is required to be inspected or replaced periodically.

Symbols that are printed on the AC adapter

Symbols	Function / Meaning
	For indoor use only
	Class II device
	EAC certification device label
	Polarity of AC adapter plug
	Alternating current

Refer to page 6 for the meanings of the other symbols.

Accessories sold separately

Cuff

Catalog Number	Cuff Size	Arm Size
CUF-D-LA-ISO	Large Adult cuff	31 cm to 45 cm
CUF-I-ISO	Wide range cuff	22 cm to 42 cm
CUF-D-MA-ISO	Semi Large cuff	23 cm to 37 cm
CUF-F-A-ISO	Adult cuff	22 cm to 32 cm
CUF-D-SA-ISO	Small Adult cuff	16 cm to 24 cm

AC adapter

Catalog Number	Plug
TB-233C	Type C

*2: Confirm that all of the parts are included to ensure that the medical device is ready to perform safely and as intended.

Note: Specifications are subject to change for improvement without prior notice.
IP classification is the degrees of protection provided by enclosures in accordance with IEC 60529. This device is protected against solid foreign objects with a diameter of 12 mm or greater, such as a finger. This device is not protected against water.

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